



WORLD NEWS

September 2011

www.worldofgymnasticsandcheer.com

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WELCOME! WELCOME! WELCOME!

World of Gymnastics & Cheer is extremely happy to have the opportunity to work with you and your children this year. Here are some reminders to help your student to be prepared for their gymnastics and cheer classes:

- Please use the bathroom before class
- Long hair should be pulled back and away from face.
- Leotards are preferred for girls, boys should wear shorts with t-shirts tucked in, and cheerleaders should wear shorts, t-shirt, sports bra (if applicable) and light tennis shoes.
- No gum or jewelry and bare feet is best for gymnastics students
- Please be on time for class, the warm up is essential for a good, safe training.
- If a class is missed please call the office to reserve a spot for your students make-up. One make-up per month is allowed.
- For safety, only registered students are permitted in the gym and students must remain in the lobby until their class is called.

CLOSED ON LABOR DAY

World of Gymnastics and Cheer will be closed Monday, September 5th for Labor Day.

Parent Portal: For your convenience, you can make payments, view your account and register for classes on our website at www.worldofgymnasticsandcheer.com

Pro Shop: Take advantage of our convenient pro shop during your child's class or anytime within business hours.



KIDS' NIGHT OUT - SEPTEMBER 9TH

The next K*N*O is on **Friday night, September 9th** from 6:30PM to 10:30PM. Join us for battle in the Gym! Grab your friends and compete in a Glow-N-Dark obstacle course celebrating National Gymnastics Day!

Early sign ups are strongly encouraged.

Cost: \$25 per member and \$20 per additional sibling
\$30 non member and \$25 per additional sibling

Kids will enjoy pizza, gymnastics, games, and inflatable fun. Please call to reserve your space. 770-516-6898

BACKHANDSPRING CLINIC

WHEN: September 19th-20th 9am-1pm

PRICE: \$35 for members \$45 for non-members (one day)
\$70 for members and \$80 for non-members (two days)

- ◆ Whether you're a gymnast or a cheerleader, this is an excellent opportunity to develop the strength and technique you need to master your tumbling skills. Our expert instructors are excited to help you progress on your standing and running tumbling! For ages six and up. Remember, the more you do it, the faster you will get it!

UPCOMING EVENTS

NO CLASS, Labor Day SEPT	5th
Kids' Night Out SEPT	9th
NO CLASSES, Fall Break **MONDAY SEPT. 19TH WE WILL HAVE CLASS.**	20th - 24th
CAMP WEEK SEPT	19th - 23rd
BACKHANDSPRING CLINIC	19th - 20th

World of Gymnastics & Cheer Office Hours
 Mon-Thurs 9:00am - 7:00pm .
 Friday- 9:00 am-7:00pm
 Saturday- 9:00 am-12:00pm